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How is Monkeypox Spread?

- Direct contact with monkeypox rash, sores or scabs.
- Contact with objects, clothing, bedding, towels, or surfaces used by someone with monkeypox.
- Respiratory droplets or oral fluids from a person with monkeypox.
- Monkeypox can spread from the time symptoms start until all sores have healed, which can take several weeks.

Diagnosis & Treatment

- Healthcare providers should be alert for patients with rash illnesses consistent with monkeypox, regardless of gender or sexual orientation, particularly those with travel history or other risk factors.
- There is no specific treatment for monkeypox, although antivirals developed for use in patients with smallpox may be beneficial.

What is Monkeypox?

- Monkeypox is a rare disease caused by the monkeypox virus.
- Monkeypox can make you sick including a rash or sores (pox), often with an earlier flu-like illness.
- Monkeypox can spread to anyone through close, personal, often skin-to-skin contact.



Symptoms of Monkeypox

- Early flu-like symptoms of monkeypox can include fever, headache, muscle aches, backache, swollen lymph nodes, chills, and exhaustion.
- Rash appears within 1 to 3 days (sometimes longer) after fever, often beginning on the face then spreading to other parts of the body.
- Illness usually lasts 2–4 weeks.

Recent Clusters of Monkeypox

- Cases of monkeypox have been recently reported in several countries that don't normally have monkeypox activity, including the United States.
- It's not clear how the individuals were exposed to monkeypox but cases include people who self-identify as men who have sex with men.

For More Information

- Contact the Trenton Health Department– (609) 989-3242 ext. 115
- Visit the Centers for Disease Control and Prevention website www.cdc.gov